



## A surgical case of uterine fibroid completely cured with constitutional homeopathic medicines

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### Abstract

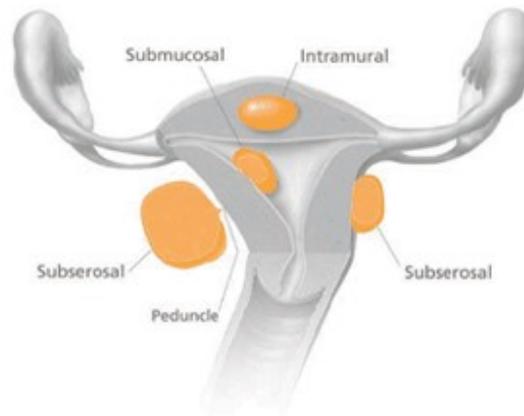
One Mrs Sumta Mondal age 27 years, came with her husband to my 11A Lake Road, Kolkata clinic on 5 August 2008 with the complaints of severe pain in lower abdomen and excessive uterine bleeding. The patient was having this trouble for the last 3 months when she came to my chamber. The patient was with a report of an ultrasonography (USG) of lower abdomen as advised by the then treating allopathic doctor. It was diagnosed as uterine fibroid. The patient was consulting with a gynaecologist and was taking allopathic medicines for the last 3 months before the gynaecologist referred her to a surgeon. Fearing with a surgery at this early age, the patient family decided to undergo homeopathic treatment under my supervision. After a treatment of 9 months there is complete cure of the uterine fibroids as evidenced by the current USG report.

### Diagnosis

USG done on 14-07-2008 – Multiple fibroid uterus. One is submucous.

### What are uterine fibroids?

Uterine fibroids are the most common, non-cancerous tumors in women of childbearing age. The fibroids are made of muscle cells and other tissues that grow within and around the wall of the uterus.



Most fibroids grow within the wall of the uterus. Health care providers put fibroids into three groups based on where they grow:

- **Submucosal** fibroids grow just underneath the uterine lining.
- **Intramural** fibroids grow in between the muscles of the uterus.
- **Subserosal** fibroids grow on the outside of the uterus.

Risk factors for uterine fibroids:

- Women who are overweight or obese for their height are at greater risk.
- Women who have given birth are a lower risk.

Symptoms of uterine fibroids:

Many women with uterine fibroids have no symptoms. Symptoms of uterine fibroids can include:

- Heavy or painful periods, or bleeding between periods
- Feeling “full” in the lower abdomen
- Urinating often
- Pain during sex
- Lower back pain
- Reproductive problems, such as infertility, multiple miscarriages, or early labor

Most women with fibroids do not have problems with fertility and can get pregnant. Some women with fibroids may not be able to get pregnant naturally. But advances in treatments for infertility may help some of these women get pregnant.

Treatments for fibroids:

- Mainstream medications can offer relief from the symptoms of fibroids and even slow or stop their growth. But, once you stop taking the medicine, the fibroids often grow back.
- There are several types of fibroid surgery:
  - Myomectomy – Removes only the fibroids and leaves the healthy areas of the uterus in place
  - Uterine Artery Embolization (UAE) – Cuts off the blood supply to the uterus and fibroids, making them shrink
  - Hysterectomy - A more major procedure that removes the uterus; this type of surgery is the only sure way to cure fibroids.

Chief complaint of the patient:

Severe drawing pain across the lower abdomen  
Metrorrhagia  
Dysmenorrhoea

Past history: C-section twice

Family history: Diabetes, rheumatism

Menstrual history: 7 days with profuse bleeding; blood in between menses.

Mind: Angry

Generalities

Built: Slightly over weight

Appetite- good

Perspiration – profuse

Stool – 1/ 2 days gap, medium  
Thirst- moderate

Clinical examination  
BP 120/80 mm Hg  
Pulse 74  
Body weight- 68 kg

Treatment

After analysing all the symptoms collected, the following medicines were given:

5-8-2008 – Thuja 30 One dose daily for one month.

4-9-2008 – Sulphur 200 one dose with placebo.

1-10-2008 - Sulphur 200 one dose repeated with placebo.

14-11-2008 – Kreosote 200 one dose daily for 30 days with Janosia asoca Q 20 drops + ½ cup water once daily evening to continue.

18-12-2008 – Calcarea carb 200 one dose with placebo

29-1-2009 - Calcarea carb 200 one dose repeated with placebo

5-3-2009 - Calcarea carb 1M one dose with placebo

I advised the patient to undergo an USG of lower abdomen and come with the report in her next visit.

USG of lower abdomen done on 15/03/2009 shows retroverted uterus but no such fibroid was reported. It is very clear from the USG report that homeopathic medicines used during the treatment have been able to dissolve all the fibroids present in the uterus.

17-4-2009 – Sepia 1M one dose with placebo.

The patient is still continuing treatment.

## KALPATARU DIAGNOSTIC CENTRE

SHOW-SARKAR MORE, KALNA, BURDWAN Ph ## (03454)256231 / 09732090894 / 9732049221

Patient Name	SUMITA MONDAL	Age / Sex	27/Female
Patient ID	00001763	Visit Date	14/07/2008
Referred By Dr.	S. CHAKRABORTY MD		
USG OF :	LOWER ABDOMEN		

### -: REPORT :-

**URINARY BLADDER :-** Optimally distended, wall thickness normal.  
No obvious Calculus or intraluminal lesion seen.

**UTERUS :-** Retroverted, bulky in size, irregular shaped & echotexture heterogeneous. It measures 86 mm. x 41 mm. x 72 mm.  
Endometrial thickness normal.  
Multiple SOL seen in the myometrium.  
Largest one measures 32mm x 25mm.  
One hypoechoic cystic lesion is seen near fundus.

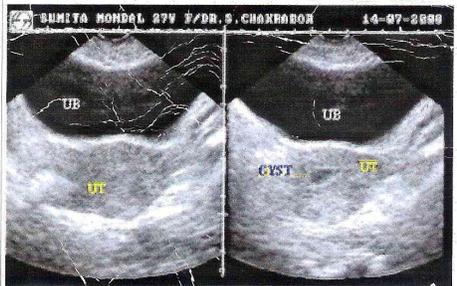
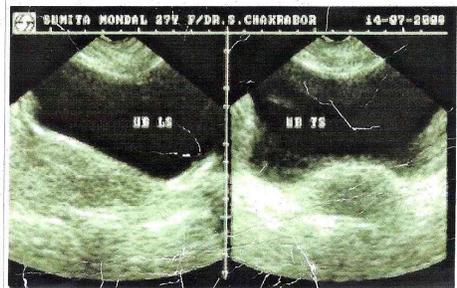
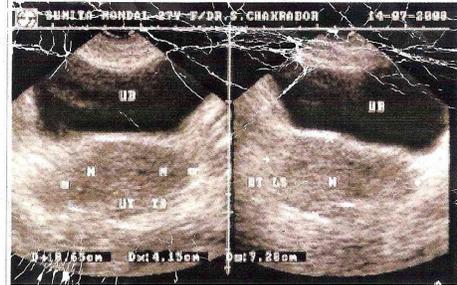
**OVARIES :-** Rt. Ovary measures 25 mm. x 19 mm.  
Lt. Ovary measures 22 mm. x 21 mm.  
Both Ovaries are normal in size, shape and echopattern.  
No obvious focal SOL seen.

**POD :-** It is clear.

**IMPRESSION :-** Multiple fibroid uterus. One is submucous.  
Clinical correlation is suggested.

  
Sonologist  
Dr. N. G. Chakraborty

LUBDUB MEDICAL Tel: +91-44-24660303



# BIKSHAN

DIAGNOSTIC CENTRE

Phone : 03454-258913



Fully Computerised

S. T. K. K. Road  
(Near Baidyapur More)  
Kalna • Burdwan

NAME :- Sumita Mondal 27 Yrs(F).

DATE OF REPORT :- 15/03/09

REFD. BY :- Dr A Sukol DHMS

**REPORT OF ULTRASONOGRAPHY**  
(Lower Abdomen)

**URINARY BLDDER :-** Urinary bladder is distended wall thickness is normal.  
No calculus or mass is seen.

**UTERUS: -** Uterus is normal in size, shape and is retroverted maintaining a normal body cervix ratio. Endometrial echo is seen. Uterine cavity is empty.  
Cervix is clear. No sol or mass is seen.  
Uterus measures - 8.3 X 5.4 X 3.3 cm.

**BOTH OVARY :-** Both ovaries are normal in size and echotexture.  
Right ovary measures :- 4.2 X 2.7 cm.  
Left ovary measures :- 3.3 X 2.2 cm.

**POD :-** No fluid is seen.

**IMPRESSION: -** Retroverted Uterus.

**Note :-** Clinical Correlation & relevant investigation suggested.

Dr. R. K. Sinha  
M.B.B.S., DMRD (Cal.)

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Dr. S. K. Ghosh  
D.M.R.E., M.D. (Cal.)

Dr. B. Mukherjee  
M.B.B.S., DMRD

Bone Marrow, FNAC, Biopsy, U.S.G., E.E.G. (24 Channel), E.C.G., X-Ray (Siemens 300 M.A.) Done here.

**24 HOURS SERVICE**

## References

1. Review of Medical Physiology, William F Ganong. Printice Hall Publication. pp 267-274. 1999.
2. [www.nichd.nih.gov/health/topics/uterine\\_fibroids.cfm](http://www.nichd.nih.gov/health/topics/uterine_fibroids.cfm)